
BETTA CARE SHEET



What you need to properly care for a betta:

- ✓ 1 gallon tank/bowl
- ✓ gravel
- ✓ silk plant / hidey hole of some type
- ✓ water conditioner (dechlorinator)
- ✓ aquarium salt *optional*
- ✓ Betta Food

SETTING UP THE BETTA BOWL/TANK FOR THE FIRST TIME:

1. Rinse the bowl, gravel, plant and hidey hole thoroughly.
2. Put the items in the tank as you want them to be displayed.
3. Add tap water **OR** bottled spring water (not distilled water) to the bowl.
4. Add the dechlorinator per directions and the aquarium salt. Let the water stand for 15 minutes.
5. Place the betta's cup/bag in the water. Allow him to float for 15 minutes and then release him into the tank/bowl.

FEEDING:

It is a fallacy that bettas do not need to eat at all or not frequently. Bettas do not eat the roots of any plant as they are meat eaters. Feed your betta daily with the recommended amount on the food you choose to feed. It is not healthy to primarily feed your betta bloodworms or brine shrimp. These are treat foods and should only be given once a week.

Some betta foods include:

- ✓ Hikari Betta Bio Gold Pellets
- ✓ HBC Betta Bites
- ✓ Tetra Bettamin Tropical Medley
- ✓ Wardley Betta Food

BOWL/TANK CARE

- The betta tank should be at least 1 gallon in size. This facilitates future needs for medication doses as well as gives the betta enough room to exercise his fins.
- The bowl should be cleaned 1 time a week – 100% water change.
- Never use soap when cleaning the bowl or the gravel – only hot water.

WATER CONDITIONS:

- Never use distilled water. Never use well water.
- Always use a dechlorinator in the water. Chlorine is dangerous and will kill your fish

GENERAL CARE ISSUES:

- Male bettas should be the only betta in a tank or bowl. This prevents possible tail biting from other fish or fighting with another betta.
- The betta is social and enjoys human interaction. Set the betta's bowl where he can see people but not in direct sunlight. Direct sunlight can cause unwanted algae growth.
- Bettas can jump – always keep the tank covered with the appropriate cover for the tank/bowl. Any cover needs to allow free airflow to the water as bettas are surface air breathers.

If you have any more concerns or questions regarding the care of your betta, stop by <http://www.healthybetta.com> on the Internet.

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